

ST.JOSEPH'S COLLEGE FOR WOMEN (AUTONOMOUS), VISAKHAPATNAM

Time: 4 Hrs/Week

FOOD & NUTRITION SECURITY

Max. Marks: 100

Objectives: To enable the student to understand –

1. The food and nutrition situation in India.
2. The strategies to develop food and nutrition security in the country.

Course:

Unit I: Concept of food and nutrition security, definition, assessing methods etc.

Unit II: Current food and nutritional situation in India – food availability, purchasing power etc.

Unit III: Factors influencing food and nutrition security.

Unit IV: Government systems in existence to maintain food and nutrition security in the country.

Unit V: Comparison of Indian systems of food and nutrition security with other countries.

References:

1. Gopalan C and Vijayaraghavan K (1971) Nutrition Atlas of India, NIN, Hyderabad.
2. Park J.E. and Park K.(1986) Text book of preventive and social medicine, Banarasidas Bhanot, Jabalpur.
3. Combating Under nutrition – Basic issues and practical approach. Special Publication series Np.3 (1987) NFI, New Delhi

ST.JOSEPH'S COLLEGE FOR WOMEN (AUTONOMOUS), VISAKHAPATNAM

Time: 2 Hrs/Week

FOOD & NUTRITION SECURITY
PRACTICALS

Max. Marks: 50

Objectives: To enable the student to learn the food and nutrition security assessment.

Course:

Unit I: Study the current models in existence for maintaining food and nutrition security.

Unit II: Review the literature to study the food and nutrition situation in India.

Unit III: Conduct nutrition survey to assess the situation in rural and urban areas.

Unit IV: Prepare a report summarizing the student's knowledge.

References:

1. Gopalan C and Vijayaraghavan K (1971) Nutrition Atlas of India, NIN, Hyderabad.
2. Park J.E. and Park K.(1986) Text book of preventive and social medicine, Banarasidas Bhanot, Jabalpur.
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